



SPRING into ARMADALE



EVENT PROGRAM

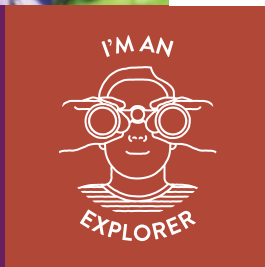
1 August to 30 November 2019

Art | Culture | Nature | Food & Wine | Events | Experiences

www.perthhillsarmadale.com.au



WIN AN IPAD



Capture your springtime adventures in the Perth Hills Armadale and upload your photos to be in the running. Follow us on Facebook at [@PerthHillsArmadale](#) for all your springtime inspiration.

Entries open 1 August to 15 November 2019. Visit perthhillsarmadale.com.au for Terms and Conditions.

Winning images of our 2018 #PerthHillsArmadale competition pictured above. From left to right; IG@breathein_breatheout_repeat, IG @cathybrittonphotography, IG@joekapiteyn.

Celebrate all that's special about the Armadale region of the Perth Hills at the 2019 Spring into Armadale Festival.




Showcasing the best of the region against a backdrop of rolling countryside and the majestic Darling Range, this year's season-long celebration is bigger and more eclectic than ever, with over 64 unique events and experiences spanning:

- Music, Art, Festivals, Culture, History & Heritage
- Food, Wine & Markets
- Sports, Trails, Walks & Workshops

Walk through 150,000 tulips and a kaleidoscope of wildflower blooms at It's Yates Springtime at Araluen. Tantalise your tastebuds with fresh local produce and wines. Fossick for treasures at bustling markets and discover art and music that will delight and inspire. Immerse yourself in the region's rich culture, proud heritage and enchanting spring landscapes.



Whats on When...

	Music, Art, Festivals, Culture, History & Heritage	4 - 17
	Food, Wine & Markets	18 - 23
	Sports, Trails, Walks & Workshops	24 - 35

Disclaimer: Information within this publication is considered correct at time of printing and has been compiled with care. No warranty expressed or implied is given to the accuracy, correctness and completeness of the information, or for advice given or omissions. Readers relying on the content do so at their own risk and are advised to check directly with the event / activity organisers for any changes prior to attending.





SPRING into
ARMADALE

Whats on When...

August

Art House on Hobbs Gallery | 1-31 (closed Sundays)
 Art and Vintage Night Markets | 1, 8, 15, 22, 29
 Live Music and Food | 1, 8, 15, 22, 29
 Acoustic Weekends by the Canning River | 2, 3, 4, 9, 10, 11, 16, 17, 18, 23, 24, 25, 30, 31
 Winter Night Tours | 2, 3, 4, 9, 10, 11, 23, 24, 25, 30, 31
 Playing with Paint Art Workshops | 3, 10, 17
 Guitar by the Glass | 9, 23
 Serpentine Jarrahdale Community Fair | 10
 Outside the Frame | 10-18
 It's Yates Springtime at Araluen | 10-31
 Perth Hills Wedding Expo | 11
 Retro Dale Fashion Show and High Tea | 17
 Yesterday's World | 20

September

Acoustic Weekends by the Canning River | 1, 6, 7, 8, 13, 14, 15, 20, 21, 22, 27, 28, 29
 It's Yates Springtime at Araluen | 1-30
 Winter Night Tours | 1, 6, 7, 8
 Art House on Hobbs Gallery | 1-30 (closed Sundays)
 Art and Vintage Night Markets | 5, 12, 19, 26
 Live Music and Food | 5, 12, 19, 26
 Armadale Hills Open Studio Arts Trail | 6, 7, 8, 13, 14, 15, 20, 21, 22
 Springtime Experience with Elite Tours | 6
 Guitar by the Glass | 6, 20
 Yesterday's World | 10
 Art House on Hobbs Market Day | 15
 Night Sky Tours | 20, 21, 22, 27, 29
 Retro Dale Vintage Fair | 21
 Organ Recital by Dr Joseph Nolan | 28

October

Art House on Hobbs Gallery | 1-31 (closed Sundays)
 Art and Vintage Night Markets | 3, 10, 17, 24, 31
 Live Music and Food | 3, 10, 17, 24, 31
 Night Sky Tours | 4, 5, 6, 18, 19, 20, 25, 26, 27
 Acoustic Weekends by the Canning River | 4, 5, 6, 11, 12, 13, 18, 19, 20, 25, 26, 27
 Guitar by the Glass | 4, 18
 Highland Gathering and the Perth Kilt Run | 6
 Jarrahdale Log Chop & Serpentine Jarrahdale Lions Country Fair | 6
 Kids School Holiday Flower Pot Painting Workshops | 2, 10
 LiveLighter Perth Hills Festival | 12
 Make Smoking History Kelmscott Show | 18, 19
 Unforgettable | 19
 Hills Fabric and Craft De-Stash | 19
 Halloween Night Sky Tour | 31

November

Acoustic Weekends by the Canning River | 1, 2, 3, 8, 9, 10, 15, 16, 17, 22, 23, 24, 29, 30
 Guitar by the Glass | 1, 15, 29
 Art House on Hobbs Gallery | 1-30 (closed Sundays)
 Night Sky Tours | 1, 2, 3, 15, 16, 17, 22, 24, 29, 30
 Art and Vintage Night Markets | 7, 14, 21, 28
 Live Music and Food | 7, 14, 21, 28
 Annual Art and Awards Exhibition | 2, 3
 Remembrance Day | 8
 Dawn of the King - Destiny of the Sword | 10
 Doctor Who Night Sky Tour | 23

Music, Art, Festivals, Culture, History & Heritage



It's Yates Springtime at Araluen

Saturday 10 August to Monday 30 September

Marvel at 150,000 tulips and hundreds of thousands of other flowers at 'It's Yates Springtime at Araluen' this August to September. Discover fabulous photo opportunities, delicious food and hop on an informative train ride. Be sure to purchase a delightful souvenir from the Roundhouse gift shop to remember your visit by. Don't miss this vibrant kaleidoscope of flowers at Araluen Botanic Park. Visit the Forest Deck for Visitor Information. [📍](#)

🕒 9am - 6pm 📍 Araluen Botanic Park, 362 Croyden Road, Roleystone

💰 Adult \$15, Children \$7, Concession \$12, Family \$40, Group \$10.



Music, Art, Festivals, Culture, History & Heritage



Outside the Frame

Saturday 10 - Sunday 18 August

Outside the Frame Art Awards is back to showcase contemporary artwork from young artists across the Perth region as they put forward some of the finest artwork our youth has to offer. This event provides a stepping stone for Perth's young creatives, whilst also exploring the topics hot on everyone's tongue. Students in years 11 and 12 from across Perth present their works in six categories; painting, drawing, prints, sculpture, digital media/photography and textiles.

🕒 11am - 4pm 📍 Armadale District Hall, 90 Jull Street, Armadale 💰 Free Event.



Acoustic Weekends by the Canning River

**Every Friday, Saturday and Sunday
August - November**

Join us for relaxing weekends with acoustic musicians from the local circuit. Choose from our extensive menu, now being prepared by renowned chef Brad Richards from award winning Roleys on the Ridge.

🕒 Friday 6 - 9pm, Saturday and Sunday 1 - 4pm 📍 Avocados Café, Corner of Mount Street and Brookton Highway, Kelmscott 💰 Free Event - Food for sale.



Remembrance Day

Friday 8 November

Araluen Botanic Park invites members of the community to pay respect to soldiers who have fallen during warfare at the Grove of the Unforgotten. The event is organised in partnership with the Department of Veterans' Affairs and the Roleystone Community College Choir.

🕒 11am - noon 📍 Araluen Botanic Park, 362 Croyden Road, Roleystone 💰 Free Event.

Music, Art, Festivals, Culture, History & Heritage



Art House on Hobbs Gallery

Thursday 1 August to Saturday 30 November, (closed Sundays)

The Armadale Society of Artists invites you to visit them at their new home The Art House on Hobbs. Their talented and diverse membership produces a wide range of artwork in a variety of mediums including sculpture and painting. Art House on Hobbs is open six days a week, or contact Trish to organise a special viewing for your group.

🕒 9am - noon 📍 Armadale Society of Artists, Hobbs Drive (Corner Coombe Avenue)
Armadale 💰 Free Event.



Serpentine Jarrahdale Community Fair

Saturday 10 August

Up to 20,000 people flock annually to the LiveLighter SJ Community Fair and exhibition. So save the date and be sure to make time to stroll through over 150 market stalls, including the arts and crafts exhibition. See locally crafted woodwork, metalwork and textiles. There is no need to go hungry during this day out as we have a large range of international food stalls and local entertainment to create ambience. Join us at the LiveLighter SJ Community Fair for a fabulous experience and know that your money will be well spent. This event is a fundraiser for local community groups and projects.

🕒 10am - 3pm 📍 Mundijong Oval, Cockram Street, Mundijong
💰 Free Event - Food for sale.

Music, Art, Festivals, Culture, History & Heritage



Yesterday's World

Tuesday 20 August and 10 September

Step back in time and take a guided journey through the Bert Tyler Vintage Machinery Museum and Telegraph Centre. Be entertained by our friendly local tour guide who will offer anecdotal information bringing the museum alive! The tour will conclude with a free relaxing morning tea with prizes for those paying attention. Bookings essential as numbers are limited.

🕒 10.30 - 11.30am 📍 Perth Hills Armadale Visitor Centre, 40 Jull Street, Armadale
 💰 Free Event. Bookings essential by calling 9394 5410 or online at www.perthhillsarmadale.com.au



Doctor Who Night Sky Tour

Saturday 23 November

Come dressed up as your favourite Doctor Who character to the Perth Observatory and celebrate everything Doctor Who on the night of the Tardis Day. Saturday 23 of November is the 56th anniversary of the debut episode of Doctor Who; we'll have Doctor Who characters at the Observatory and maybe even a Dalek. Our telescope operators will be ready to show you stunning objects, including massive nebulae, double stars, old and young open star clusters.

🕒 7.30 - 9.15pm 📍 Perth Observatory, 337 Walnut Road, Bickley 💰 Adult \$50, Children \$25, Concession \$35.

Book online at www.perthobservatory.com.au



Winter Night Tours

Most Friday, Saturday and Sunday nights from Friday 2 August to Sunday 8 September

Astronomers say the best time for viewing our southern skies is during the winter. Perth Observatory volunteers are braving the cooler weather to show you the planets, and the galactic centre passing overhead revealing many deep sky treasures that you can't see in summer. Tours run on Friday through to Sunday and if there are clouds or rain on the night, we'll provide you with an amazing guided tour of the Observatory.

🕒 7.30 - 9pm 📍 Perth Observatory, 337 Walnut Road, Bickley 💰 Adults \$35, Concession \$25, Children \$20.

Check dates and book online at www.perthobservatory.com.au

Music, Art, Festivals, Culture, History & Heritage



Night Sky Tours

Most Friday, Saturday and Sunday nights from Friday 20 September to Saturday 30 November

Experience our amazing night sky through a wide range of telescopes at our sky viewing nights. Our volunteers will take you on a grand tour of the Southern Hemisphere's sky with a wide range of targets including nebulas, planets, dying stars and enormous star clusters. Tours run for one and half to two hours, beginning at 7.30pm in September, 8pm in October and 8.30pm in November.

🕒 Various 📍 Perth Observatory, 337 Walnut Road, Bickley 💰 Adult \$45, Children \$20, Concession \$30.

Check dates and book online at www.perthobservatory.com.au



Halloween Night Sky Tour

Thursday 31 October

Put your costume on, and head up to the Perth Observatory for an amazing Halloween night. The Observatory will be decorated and the volunteers in costume for this special night. We'll also be giving out great prizes on the night for the best adult and child costume so please come in a costume. Our volunteers will take you on a grand tour of the Southern Hemisphere's sky with a wide range of targets including nebulas, planets, dying stars, and enormous star clusters.

🕒 8 - 9.45pm 📍 Perth Observatory, 337 Walnut Road, Bickley 💰 Adult \$50, Children \$25, Concession \$35.

Book online at www.perthobservatory.com.au



Dawn of the King - Destiny of the Sword

Saturday 10 November

After the great success of the 2018 Dawn of the King - Legends of the Sword comes Dawn of the King - Destiny of the Sword. Don't miss the excitement of the true legends of the sword in the main arena, watch the beloved jester weave his magic, medieval dancers, pyrotechnics, fire-shows, musicians and much, much more.

🕒 10am - 10pm 📍 Mundaring Weir Hotel, Mundaring Weir Rd & Hall Rd, Mundaring 💰 Adults \$25, Children \$15, Family \$70. *Prices may be subject to change.

Call 0406 330 949 or visit dawnoftheking.com.au for more information.

Music, Art, Festivals, Culture, History & Heritage



LiveLighter Perth Hills Festival

Saturday 12 October

Perth Hills Festival is a community event showcasing local produce of the Hills area. Local businesses display their product and a wonderful friendly environment for families to enjoy. We have our celebrity chef on the day with cooking demonstrations and food sampling. Fruit tree sales at fabulous prices with helpful hints. The presentation tent always draws a good crowd. Bus tours to local orchards are very popular and interesting. Free rides for children under 12 and many stalls with interesting exhibits.

🕒 9am - 4.30pm 📍 Old Station Road Karragullen Pavilion and Oval 💰 Adults \$10, Concession \$5, Children \$5, Under 12 Free.



Live Music and Food

Every Thursday from 1 August to Saturday 30 November

Want to hear more live music in Armadale? Come down to the ARC Gallery Shop and Tea House in the Jull Street Mall on a Thursday night and hear a local musician play with a different genre each week. Delicious food and drinks will be available from the Tea House. Event details listed on the Artist Retail Collective Facebook page. Bookings encouraged.

🕒 6 - 8pm 📍 ARC Artist Retail Collective Armadale, Jull Street Mall 💰 Free Event. Food and drinks available for purchase.

Call 0411 548 964 for more information.



Unforgettable

Saturday 19 October

After almost 40 years of making music, Hills Symphony Orchestra is a much loved part of the Hills community. Conductor Shaun Fraser brings vibrancy to all concerts held by the Orchestra. Unforgettable is a showcase of 50's and 60's hits performed by the full Orchestra and special guests.

🕒 7.30pm 📍 Midland Town Hall, 312 Great Eastern Hwy, Midland
💰 Adults \$15, Children \$5.

Book online at www.hso.org.au

Music, Art, Festivals, Culture, History & Heritage



Retro Dale Vintage Fair

Saturday 21 September

Come down to the Jull Street Mall in Armadale for an old school market day of all things authentically vintage - clothes, cars, furniture, music, dance and food. While you're there, pop into the Artist Retail Collective (ARC) to browse a selection of locally made and finely crafted pieces, from homewares, fashion, visual art and plenty of special gift ideas.

🕒 10am - 3pm 📍 ARC Artist Retail Collective Armadale, Jull Street Mall
💰 Free Event.

Call 0411 548 964 for more information.



Art and Vintage Night Markets

Every Thursday from 1 August to Saturday 30 November

Jull Street Mall comes to life with art and authentic vintage goods for sale every Thursday night from 4pm to 8pm. Browse artworks made by local artists. Feel history in your hands - a vintage dress or a vintage table, you choose! Delicious food and drink stalls serving goods all night. Live music at the Artist Retail Collective.

🕒 4 - 8pm 📍 ARC Artist Retail Collective Armadale, Jull Street Mall 💰 Free Event. Food for sale.

Call 0411 548 964 for more information.



Art House on Hobbs Market Day

Sunday 15 September

Visit the Armadale Society of Artists for an entertaining market day featuring the best of our artistic local talent. Discover arts and crafts on display, light refreshments and delicious Devonshire Tea available. You'll also have the opportunity to meet local artists as they demonstrate different styles.

🕒 10am - 4pm 📍 Armadale Society of Artists, Hobbs Drive (Corner Coombe Avenue), Armadale 💰 Free event. Food for sale.

Music, Art, Festivals, Culture, History & Heritage



Armadale Hills Open Studio Arts Trail

Every Friday, Saturday and Sunday from 6 to 22 September

Welcome to a fascinating world of creative discovery! Our artists are opening their studios to the public for an intimate view of their inspiring spaces and creative processes. On the trail you'll discover an extraordinary range of artists and art practices, nestled amongst the stunning natural beauty of the Perth Hills Armadale region.

🕒 10am - 4pm 📍 Various venues, check @perthhillsarmadale for details 💰 Free Event.



Springtime Experience with Elite Tours

Friday 6 September

Your coach tour starts with morning tea at the Perth Hills Armadale Visitor Centre, after which we will head to Araluen Botanic Park to view the magnificent gardens. See the outstanding display of tulips, flowers and shrubs. Enjoy a delicious lunch at Roleys on the Ridge with a choice of battered or grilled fish, or steak, both served with chips and salad followed by dessert, tea and coffee. After lunch it's off to Raeburn Orchards to stock up on fresh fruit and veggies before returning home.

🕒 10am - 3pm 📍 Guided Coach Tour
💰 \$85. Multiple pick up points available, go to elitetours.net.au or call 9314 2170 for further information and to book.



Retro Dale Fashion Show and High Tea

Saturday 17 August

Enjoy a trip down memory lane accompanied by a delicious High Tea for a preview of our very special vintage fashion collection with original collectibles dating back from the 1930s. A must see and some pieces will be available for purchase. Bookings are essential.

🕒 Noon - 2pm 📍 ARC Artist Retail Collective Armadale, Jull Street Mall
💰 Adults \$30 or two tickets for \$50.

Bookings essential by calling 0411 548 964.

Music, Art, Festivals, Culture, History & Heritage



Kids School Holiday Flower Pot Painting Workshops

Tuesday 2 October and 10 October

Have some fun these school holidays and let your inner creative shine with a flower pot painting workshop. Bring a bit of colour to your garden with a hand painted pot, choose between a flower and strawberry pot to decorate and ignite the artist within.

🕒 11am - 12.30pm 📍 Topaze Art and Art Workshops, 39 Tyers Road, Roleystone
💰 \$30.

Book by calling 0415 414 316 or via email brushstrokesdesigns2018@gmail.com

Guitar by the Glass

Every second Friday from 9 August to 29 November

Visit the beautiful Plume Estate Vineyard for an evening of music, drinks and nibbles. Join the circle of musicians for a jam session and singalong; you won't need to worry about knowing the words as lyrics booklets are provided. Participation is welcomed, or feel free to sit back, relax and enjoy the music with a glass of wine as you sample the tapas menu. Table bookings welcomed by calling 9293 5808.

🕒 7 - 9pm 📍 Plume Estate Vineyard, 91 Glenisla Rd, Bickley 💰 Free Event.
Food and drinks available for purchase.



Playing with Paint Art Workshops

Saturday 3, 10 and 17 August

Give yourself the gift of an Art Workshop, which can be a great outlet for anyone wanting to try something new. For those wanting to move forward through stress or anxiety, art can be very rewarding and healing, whilst helping you feel good about yourself and boosting self confidence. So it's time to discover your inner child artist and take this opportunity to spend some quality time creating your very own masterpiece at Topaze Studio in the peaceful hills of Roleystone.

🕒 1 - 4pm 📍 Topaze Art and Art Workshops, 39 Tyers Road, Roleystone 💰 \$69.

Book by emailing jackie@topazedesigns.com

Music, Art, Festivals, Culture, History & Heritage



Make Smoking History Kelmscott Show

Friday 18 and Saturday 19 October

The Kelmscott Show is back again in 2019, showcasing a huge amount of exhibitors and stalls along with lots of entertainment, food, and music. We'll have fireworks Friday night and animal exhibits Saturday.

📍 Friday 18 October 4 - 10pm, Saturday 19 October 9am - 9pm 📍 Rushton Park, Orlando Street, Kelmscott 💰 Adult \$16, Children \$10, Concession \$10, Family \$40, Under 5 years Free.



Hills Fabric and Craft De-Stash

Saturday 19 October

The most guilt free place to find others with too much fabric, too many beads, too many papers for scrapbooking, too much wool for knitting with all either de-stashing or adding to their already growing pile. So what are you waiting for? Come join them in one way or another. Clear out that excess fabric, beading, patterns, machines, wool, quilting goodies, scrapbooking supplies and craft surplus all at one venue, with the most amazing sellers and buyers all in one place.

🕒 9.30am - 2pm 📍 The Connection Centre, 1470 Stoneville Rd, Mundaring
💰 Adult \$2, Children Free. \$50 sellers fee.

Music, Art, Festivals, Culture, History & Heritage



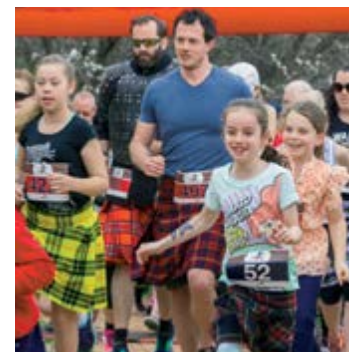
Highland Gathering and the Perth Kilt Run

Sunday 6 October

Welcome to the only fun run in Australia that's done in a kilt! Gather your family and friends together and come on down to Minnawarra Park, where we'll be unleashing our inner Braveheart. Purchase your very own kilt when you register and try out the 2.5km Classic or the 5km Warrior, but be prepared for a visual spectacle of bagpipes, kilts, and all things Scottish! Hang around afterwards for our medieval fair, where you can experience Scottish arts and crafts, highland dancing and bagpipe competitions, meet and greet adorable Scottish dogs, watch the intense Heavy Events competitions and of course test your taste buds with the infamous haggis and other Scottish delights.

🕒 8.30am - 4.30pm 📍 Minnawarra Park, Corner Orchard Avenue and Armadale Road Armadale 💰 This is a smoke free event.

More details of the Perth Kilt Run including where to register is available through www.perthkiltun.com.au - entry fees apply and all money received is donated to charity. The Highland Gathering is a free community event.



Music, Art, Festivals, Culture, History & Heritage



Perth Hills Wedding Expo

Sunday 11 August

The first Hills wedding expo that showcases the locals, the florists, the makeup artists, the photographers, the retreats, accommodation, venues, jewellers, cars, carriages, celebrants, clothing and more. Free entry, so make sure you get your ticket now as we hear there are some prizes on offer.

🕒 10.30am - 4pm 📍 Giddegannup Recreational Club, 1990 Toodyay Rd Giddegannup
 💰 Free Event. Book at www.trybooking.com/BBWTA



Annual Art and Awards Exhibition

Saturday 2 and Sunday 3 November

Armadale Society of Artists are holding their annual Art and Award Exhibition. Over 200 original artworks will be on display over the weekend. This exhibition is well worth the visit to see our amazing local artists artwork and enjoy a Devonshire Tea!

🕒 10am - 4pm 📍 Armadale District Hall, 90 Jull Street, Armadale 💰 Free Event.
 Food for sale.

Music, Art, Festivals, Culture, History & Heritage



Jarrahdale Log Chop and Serpentine Jarrahdale Lions Country Fair

Sunday 6 October

Come celebrate and watch the strength and skill of the log chopping events. Try some delicious food from the many food vendors or enjoy a refreshing drink at the licensed bar. Stroll around the market stalls while the children are entertained with live shows, pony, and camel rides.

🕒 10am - 4.30pm 📍 Jarrahdale Oval, Nettleton Road, Jarrahdale 💰 Free Event.



Organ Recital by Dr Joseph Nolan

Saturday 28 September

World renowned and critically acclaimed organist, Dr Joseph Nolan, the Master of Music at St Georges Cathedral, Perth, will present a collection of both classical and light pieces on what is believed to be the oldest working instrument of its type in Australia, the Church of St Mary in the Valley's 18th century chamber organ. Refreshments are included.

🕒 2 - 4.30pm 📍 St Mary in the Valley Anglican Church of Kelmscott, 6 River Road, Kelmscott 💰 Adult \$50, Concession \$45.

Call 9398 4090 for more information.



Whats on When...

August

Disgorging Sparkling Wine Workshop | 3
 Kalamunda Farmer's Market | 4, 11, 18, 25
 Mundijong Auction and Markets | 7, 21
 Mundaring Markets | 11
 Bedfordale Bush Markets - Chickens and Pets | 24

September

Kalamunda Farmer's Market | 1, 8, 15, 22, 29
 Perth Hills Artisan Markets | 1
 Mundijong Auction and Markets | 4, 18
 Friday Night Bites | 6
 Millbrook Winery Spring Lunch | 7
 Mundaring Markets | 8
 Winter Warmer Fortified Pairing | 8
 Roleystone Spring Market | 15
 High Tea Garden Party Fundraiser | 21
 Bedfordale Bush Markets - Gourmet Food and Wine | 28

October

Mundijong Auction and Markets | 2, 16
 Open Gardens West Coast – Sunnyside | 2, 3
 Friday Night Bights | 4
 Kalamunda Farmer's Market | 6, 13, 20, 27
 Mundaring Markets | 13
 Kalamunda Night Markets | 18
 Perth Hills Artisan Markets | 20
 Bedfordale Bush Markets – Car Show | 26

November

Add Friday Night Bites | 1
 Kalamunda Farmer's Market | 3, 10, 17, 24
 Mundijong Auction and Markets | 6, 20
 Mundaring Markets | 10
 Kalamunda Night Markets | 15
 Bedfordale Bush Markets – Christmas (twilight market) | 23

Food, Wine & Markets



Mundijong Auction and Markets

First and third Wednesday of every month

Stroll in a natural country setting as you browse the rural market stalls. Be early so you don't miss out on watching a real livestock auction. The Mundijong auction and markets are held on the 1st and 3rd Wednesday every month. Stalls are open from 8am to 1pm and the livestock auction starts from 10.30am.

🕒 8am - 1pm 📍 Lot 1, Evelyn Street, Mundijong 💰 Free Event - Food for sale.

Disgorging Sparkling Wine Workshop

Saturday 3 August

An absolute must do for lovers of champagne and sparkling! A unique insight into the production of sparkling wine. Join winemakers Josh and Rachael Davenport as they lead you through the blending, tirage and disgorging steps of sparkling wine production. The workshop concludes with each participant disgorging their own tailor made six pack of sparkling wine.

🕒 2 - 5pm 📍 Myattsfeld Vineyard, Union Road, Carmel 💰 \$220.

Book online at www.myattsfeld.com.au



Kalamunda Farmer's Market

Every Sunday morning

The award winning Kalamunda Farmers Market is a farmers, producers, artisan and gourmet food market. Come along each Sunday morning and talk to the farmers, producers and artisan food makers about their special family recipes, taste the samples on offer, and meet others with a passion for fresh and local produce that is just bursting with flavour and nutrition.

🕒 8am - noon 📍 Central Mall, Kalamunda 💰 Free Event - Food for sale.

Food, Wine & Markets



Bedforddale Bush Markets

Saturday 24 August, 28 September, 26 October and 23 November

Bedforddale Bush Markets monthly market held in the natural bush setting adjacent to Bungendore Park. We offer stalls selling local produce, craft, art and free children's activities and nature play. Each market is themed, check @perthhillsarmadale for details.

🕒 9am - 2pm (24 August), 8am - 1pm (28 September, 26 October), 4 - 9pm (23 November) 📍 Bedforddale Hall, 40 Admiral Road, Bedforddale 💰 Free Event.

Each market is themed, check @perthhillsarmadale for details.



Roleystone Spring Market

Sunday 15 September

The little village of Roleystone invites you to enjoy a spring market experience in a bushland environment. Stroll among 100 handpicked stalls while being entertained by wandering musicians from the Roleystone Musicians Club. Stalls are specifically selected to feature locally made products with an emphasis on those that are hand-crafted. You'll find an excellent variety as stalls are limited to no more than three with the same core product.

🕒 10am - 3pm 📍 Cross Park, Corner of Jarrah and Wygonda Road, Roleystone
💰 Free Event.

Food, Wine & Markets



Friday Night Bites

Friday 6 September, 4 October and 1 November

Friday nights are not for cooking! Bring down your family, friends and pups to experience 15 of Perth's best food trucks. Bring your own picnic rug and chairs for an alfresco evening to wind down at the end of the week and start your weekend with a bang. Enjoy live entertainment along with plenty of activities for the kids as you sample a variety of cuisines from around the globe.

🕒 5 - 8.30pm 📍 Little Market Place, Sheaf Park, Harrisdale 💰 Free Event - Food for sale. Dog friendly event.



Winter Warmer Fortified Pairing

Sunday 8 September

Myattsfeld Vineyards is located in the warm, continental climate of the Bickley Valley in the Perth Hills. To celebrate a new fortified being added to the Myattsfeld Vineyard list, join us for a unique Fortified Pairing Experience in the Vineyard. Six wines will be paired with tasty morsels by Chef Herman Dsouza, who has refined his craft as a chef in the last 16 years in exclusive luxury resorts.

🕒 2 - 4pm 📍 Myattsfeld Vineyard, Union Road, Carmel 💰 \$90.

Book online at www.myattsfeld.com.au

Food, Wine & Markets



Mundaring Markets

Second Sunday of every month

11 August, 8 September, 13 October and 10 November

The markets attract up to 80 stalls selling a wide range of arts and crafts, various food stalls, health products, honey, soaps, candles, books, plants and garden products, fruit and vegetables, pet products and more!

🕒 9am - 2pm 📍 Nichol Street, Mundaring 💰 Free Event - Food for sale.



Kalamunda Night Markets

Friday 18 October and
15 November

Following on from the success of Kalamunda Farmers Market and other twilight markets around Perth, the support for a place where families can meet, shop, eat in a friendly traffic free environment was overwhelming. The crowds have been huge and choice of food, arts, crafts and luxury groceries has been amazing. The Kalamunda Chamber of Commerce operates the markets on a not for profit basis with the aim of promoting Kalamunda as a destination for the ultimate benefit of businesses in the area.

🕒 6 - 9pm 📍 Haynes Street and Central Mall, Kalamunda 💰 Free Event - Food for sale.



Perth Hills Artisan Markets

Sunday 1 September and Sunday
20 October

The Perth Hills Artisan Markets, the place to find gorgeous local work, from the crafters to the makers, the local produce, the jam masters, the sweet treat makers, the artists, the creatives, olive oil producers and more. The place to hear local musicians, buskers, indulge in delicious food and have a fabulous day amongst the hills of Perth.

🕒 9.30am - 3pm 📍 Helena College, 52 Bilgoman Road, Glen Forrest
💰 Free Event - Food for sale.

Contact Perth Hills Artisan Market on 0410 204 693 for more details.

Food, Wine & Markets



High Tea Garden Party Fundraiser

Saturday 21 September

Frock up and enjoy a relaxed high tea garden party to support the ongoing growth of the Kelmscott Community Garden. Tasty morsels and tea and coffee provided in a lovely private garden setting and on the veranda. Tickets are \$30 and must be purchased beforehand.

🕒 2 - 4pm 📍 Kelmscott Community Garden, 60 Schruth Street, Kelmscott
 💰 \$30. Book by calling 0413 177 139 or via email kelmscottgarden@gmail.com



Millbrook Winery Spring Lunch

Saturday 7 September

Join us to enjoy all the new season has to offer, including a host of exciting new vintages, a wine or two from the winery, fabulous produce from the garden and the talented folks that bring these wonderful things together!

Immerse yourself in the vivid colours of spring at Millbrook with a guided stroll through the vineyards, then follow the fruit on its journey through the winery and barrel hall. Take your seat in the restaurant to enjoy the fruits of these labours with a fabulous long lunch prepared by our award winning chef and gardener Guy Jeffreys and his team. Each course will be accompanied by a wine, or flight of wines, from our highly awarded range created by senior winemaker Damian Hutton.

🕒 11.30am - 3pm 📍 Millbrook Winery, Old Chestnut Lane, Jarrahdale 💰 Adults \$110.
 Call 08 9525 5648 or visit www.millbrookwinery.com.au for more information.



Whats on When...

August

Mindfulness in the Workplace: 2hr Masterclass | 2
 Abseiling at Perth Observatory | 4
 Sunday Guided Day Tours | 4
 Sonic Immersion: Sound Bath | 4
 Make Smoking History Targa West | 9, 10, 11
 Roll, Release and Relax | 10
 Sacred Cacao and Yoga | 11
 Opening to the Sacred Feminine – Women's Yoga Retreat | 18
 Sound Silence Stillness 1 Day Yoga Retreat | 24
 Jarrahdale Walks – Kitty's Gorge | 25
 Yoga and Cleanse 7 Day Retreat | 30 August to 6 September

September

Sonic Immersion: Sound Bath | 1
 The Art of Self Nurturing: 2hr Retreat | 7
 Sunday Guided Day Tours | 8
 Heart Chant: Music and Mantra | 14
 Sound Silence Stillness 1 Day Yoga Retreat | 15
 Jarrahdale Walks - Serpentine Baldwin's Bluff | 22

October

Patsy Durack's Rose Gardens | 1 - 31 (Mon – Sat by appointment)
 Mindfulness in the Workplace: 2hr Masterclass | 5
 Sunday Guided Day Tours | 6
 Sonic Immersion: Sound Bath | 6, 27
 Denises's Garden and Plant Sale | 12, 13
 Retro Fit Workshop | 13
 DEEP REST: Retreat, Restore and Reconnect | 26
 Sound Silence Stillness 1 Day Yoga Retreat | 26
 Jarrahdale Walks- Jarrahdale to Langford Park | 27
 Mt Helena Classic - Billy Cart and Whim Festival | 27

November

Patsy Durack's Rose Gardens | 1 - 30 (Mon – Sat by appointment)
 Open Gardens West Coast Sunnyside | 2, 3
 Sunday Guided Day Tours | 3
 Summer Bliss: 3 hour Yoga Retreat | 24
 Sound Silence Stillness 1 Day Yoga Retreat | 24
 DEEP REST: Retreat, Restore and Reconnect | 30

Sports, Trails, Walks & Workshops



Yoga and Cleanse 7 Day Retreat

Friday 30 August to 6 September

Come and enjoy the peaceful paradise of Kookaburra Creek less than an hour from Perth for a week of yoga, meditation, healing foods and an inspiring program amongst the trees which will leave you feeling rejuvenated and cleansed. Discover the holistic, cleansing and ultimately healing potential of yoga to enhance your health and wellbeing. We include a day of soft fasting with cleansing juices, teas, tonics and broths and then healing, nourishing, delicious Ayurvedic foods. Included is time for rest; walks/meditation in the nearby forest; nourishing and cleansing yoga, meditation and pranayama; yoga philosophy; practical cooking demonstrations. This retreat is a profound opportunity to deepen your experience of yoga, and to cleanse and replenish your body, mind and soul from the inside - returning to your life de-stressed, refreshed, strengthened and revitalised.

🕒 Friday 4pm - Friday 3pm 📍 Kookaburra Yoga, 210 Carradine Rd, Bedfordale
 💰 Adult \$1200. Book online at www.kookaburrrayoga.com



DEEP REST: Retreat, Restore and Reconnect with two hours of Yoga

Saturday 26 October and Saturday 30 November

Take some time out to slow down, quieten the mind and release tension in the body with our two hour mini retreat. Enjoy the company of like-minded people in search of deep rest and inner peace through the practice of Vishrant Yoga, Yoga Nidra, meditation and breathwork. In Vishrant Yoga, restorative floor based postures are held for longer periods to allow the body's ability to open naturally and release tension. Yoga Nidra is a state of consciousness between waking and sleeping, where the body is completely relaxed while still maintaining full awareness. Yoga Nidra is a powerful relaxation technique.

🕒 3 - 5pm 📍 Restful Waters, 64 Canns Road, Bedfordale 💰 Adult \$40.

Call 0418 229 662 or visit www.restfulwaters.org for more information.

Sports, Trails, Walks & Workshops



Jarrahdale Walks - Kitty's Gorge

Sunday 25 August

Gooralong Brook is at its best in winter. Our walk will follow the brook from Jarrahdale, through Kitty's Gorge and down Serpentine Falls. It's a challenging walk with some climbing and slippery rocks. Allow five hours if walking there and back. Good level of fitness recommended - registration from 8.30am.

🕒 9am - 2pm 📍 Jarrahdale Post Office Museum, 631 Jarrahdale Road, Jarrahdale
💰 \$5 per person, bookings required.

Call 0406 980 677 or visit www.jarrahdale.com.au for more information.



Jarrahdale Walks - Serpentine Baldwin's Bluff

Sunday 22 September

Join the Jarrahdale Heritage Society for a guided walk full of beautiful views, stunning wildflowers and even a visit to Serpentine Falls. This time of year provides the perfect opportunity for wildflower viewing as many species come into bloom and cover the landscape with vibrant colour. Registration from 8.30am at the Old Bridge School, a good level of fitness is recommended.

🕒 9am - 2pm 📍 Old Bridge School, Serpentine River, South West Highway
💰 \$5 per person, bookings required.

Call 0406 980 677 or visit www.jarrahdale.com.au for more information.

Sports, Trails, Walks & Workshops



Jarrahdale Walks- Jarrahdale to Langford Park

Sunday 27 October

Enjoy this steady walk from the Old Post Office Museum to Langford Park, the site of Alcoa's first bauxite mine in Western Australia. You'll pass through beautiful Jarrah Forest and get to see a variety of native wildflowers blooming against the backdrop of native vegetation. Picnic or BBQ option also available.

🕒 9am - 2pm 📍 Jarrahdale Post Office Museum, 631 Jarrahdale Road, Jarrahdale
💰 \$20 per person, bookings required.

Call 0406 980 677 or visit www.jarrahdale.com.au for more information.



Make Smoking History Targa West

Friday 9 to Sunday 11 August

The Make Smoking History Targa West is set to rev up Perth for the 16th time over the 9th to 11th August 2019. The competitors will compete on closed road special stages in and around Perth, Whiteman Park, Kalamunda (including the infamous Zig Zag), Toodyay, Chittering and Bullsbrook along with Malaga prior to the finalé at the City of Perth Special Stage.

🕒 Various 📍 Targa West, Kalamunda/Mundaring 💰 Spectators free.

Visit www.targawest.com.au for more information.

Sports, Trails, Walks & Workshops



Abseiling at Perth Observatory

Sunday 4 August

Need a bit of thrill in your life? Perth Observatory is teaming up with Spacechameleon Adventure Co to organize a family friendly event where you can abseil our Lowell Telescope Dome. Each participant will get three abseils through the dome's trap door and descend the full 12m in a controlled free fall to the ground. You can also abseil upside down just like Tom Cruise if you choose to do so. There are two sessions on the day between 11.30am to 2pm and 2.30pm to 5pm.

🕒 11.30am - 5pm 📍 Perth Observatory, 337 Walnut Road, Bickley 💰 Adult \$35, Children \$25, Concession \$30. Book online at www.perthobservatory.com.au



Sunday Guided Day Tours

Sunday 4 August, 8 September, 6 October and 3 November

Sundays are perfect to take family and friends sightseeing on a beautiful drive through the Bickley Valley for a special Guided Day Tour of the Perth Observatory. Have you ever wondered what Perth Observatory looks like in the day? Well, now you have the chance to explore and learn about our amazing history.

🕒 2 - 4pm 📍 Perth Observatory, 337 Walnut Road, Bickley 💰 Adult \$20, Children \$10, Concession \$15. Book online at www.perthobservatory.com.au

Sports, Trails, Walks & Workshops



Denises's Garden & Plant Sale

Saturday 12 and Sunday 13 October

This perennial favourite is ablaze with colour for spring. The exuberant border gardens are densely planted with flowering annuals and perennials. Owner Denise provides all the information you need to grow these in your own garden and her enthusiasm is catching. Impeccable formal hedging sits close to the house while a large chicken house shelters one corner and numerous orchard trees are scattered across the extensive front yard, bordered by informal hedging. Lots of new features this year, include a pond, new garden beds and an enticing walkway to the chookhouse. Catering by the Open Gardens West Coast team, gluten free always available.

🕒 10am - 4pm 📍 Open Gardens West Coast, 15 Turner Road, Carmel
 💰 \$6, Under 18's Free. Go to www.opengardenswestcoast.org or call 0413 434 241 for more information.



Open Gardens West Coast – Sunnyside

Saturday 2 and Sunday 3 November

Open Gardens West Coast showcases the talents and dedication of Western Australian gardeners and designers through an annual program of open gardens, workshops and other events. We welcome gardeners and non-gardeners to join in and explore the wonderful and varied private gardens which are open to the public in our program.

🕒 10am - 4pm 📍 Open Gardens West Coast, Sunnyside, 3 Tower Road, Roleystone
 💰 \$6, Under 18's Free. Go to www.opengardenswestcoast.org or call 0413 434 241 for more information.

Sports, Trails, Walks & Workshops



Opening to the Sacred Feminine – Women's Yoga Retreat

Sunday 18 August

Enjoy the freedom found in a deeper connection to your own wise woman within! The sacred feminine represents our receptivity, our empowered voice, our ability to let go, relax and to flow with life's pressures in an unguarded, open way. We can experience living with an absence of our habitual resistances. Nurture the sacred feminine through a variety of gentle and restful yoga sessions, meditations, embodying movement and explorations in group discussion. Celebrate this beautiful yin aspect of our nature, where its total receptivity has space for all that is, which comes and goes; what remains is openness.

🕒 10am - 1pm 📍 Restful Waters, 64 Canns Road, Bedfordale 💰 Adult \$59.

Call 0418 229 662 or visit www.restfulwaters.org for more information.



Heart Chant: Music and Mantra

Saturday 14 September

Kirtan is an ancient powerful singing practice that supports healing and our exploration within. It is a vehicle for opening the heart and mind that can bring about experiencing deeper states of awareness. Through the gentle practice of Kirtan - mantra meditation, love can appear! Take time to rest and nurture at Restful Waters.

🕒 3 - 5pm 📍 Restful Waters, 64 Canns Road, Bedfordale 💰 Adult \$30, Children \$15.

Call 0418 229 662 or visit www.restfulwaters.org for more information.

Sports, Trails, Walks & Workshops



Patsy Durack's Rose Gardens

Monday 1 October to Friday 30 November

Are you a rose lover? Patsy Durack's Rose Garden is a must-see.

Patsy Durack's tranquil rose gardens surround Kareela, built in 1915 and used by Archbishop Clune as a holiday home during the 1920s. Patsy grows hundreds of field rose bushes. Most of the rose bushes have their own individual plaques allowing visitors to identify those roses they would like in their own gardens. The gardens are wheelchair accessible.

🕒 10am - 4.30pm, Monday - Saturday by appointment 📍 33 Parke Road, Gooseberry Hill
💰 \$10 - Part Entry fee goes toward Cancer Council.

Call 9293 2719 or visit www.patsydurackrosegardens.com for more information.



Mt Helena Classic - Billy Cart and Whim Festival

Sunday 27 October

A billy cart festival and community event. Retro themed with period fashion and 'turn back time' attractions, all day music, food, and 75 billy carts racing down the hill. Fun for both adults and kids with creative designs!

🕒 10am - 11pm 📍 Evans Street, Mount Helena 💰 Free Event - Food for sale.

Visit www.mounthelenaclassic.com for more information.

Sports, Trails, Walks & Workshops



Sacred Cacao and Yoga - two hours of blissful chocolate relaxation

Friday 11 August

Love, chocolate and yoga? Celebrate Sunday with Sacred Cacao and Yoga – two hours of blissful chocolate relaxation at Restful Waters. As we drink this very special cacao (raw chocolate) you'll be invited to allow the body to relax, the heart to open and the mind to melt away.

Using gentle Vishrant Yoga we will shift awareness away from the thinking mind and down into the heart. Cacao is a beautiful tool to lead you deeper into relaxation and to find a joy and restfulness that arises from within.

🕒 2 - 4pm 📍 Restful Waters, 64 Canns Road, Bedfordale 💰 Adult \$45.

Call 0418 229 662 or visit www.restfulwaters.org for more information.



Summer Bliss: 3 hour Yoga Retreat

Sunday 24 November

Relax, rejuvenate and reconnect to your body this summer! This blissful retreat will offer a deeply nourishing restorative program to re-fuel you and give you a sense of vitality and energy: Embodiment and Flow movement to awaken your body and mind and create a grounded, centred space. Sensory guided meditations to bring you to mindful awareness of the present moment. Vishrant Yoga to access your body's ability to open naturally, release resistance slowly and gently bring about a restoring balance. Yoga Nidra and deep relaxation to support healing, insight and rejuvenation.

🕒 10.30am - 1.30pm 📍 Restful Waters, 64 Canns Road, Bedfordale 💰 Adult \$59.

Call 0418 229 662 or visit www.restfulwaters.org for more information.

Sports, Trails, Walks & Workshops



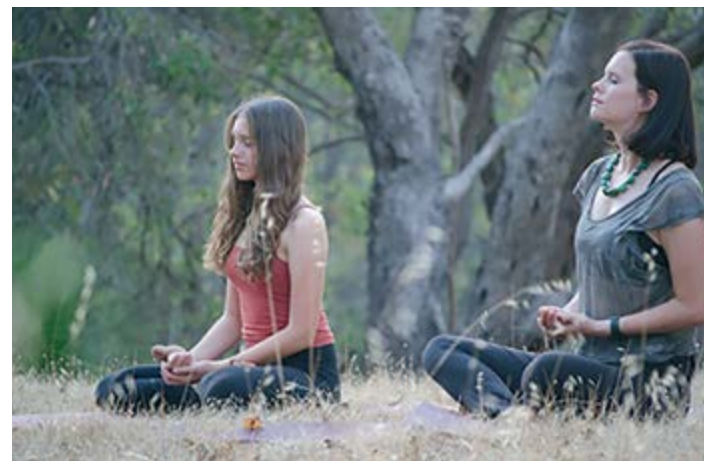
The Art of Self Nurturing: 2 hour Retreat

Saturday 7 September

The simple kindness of accepting ourselves exactly as we are can change so much about the way we experience this life. Create your own inner sanctuary and harness the skills to practice nourishing self acceptance in this stress relieving mini retreat. Counsellor and yoga teacher Kali will lead you through a practice of guided meditation, gentle stretching and exercises designed to bring you to a more connected relationship with yourself. Breathe out and let go while uncovering a meditative practice of self care.

🕒 3 - 5pm 📍 Restful Waters, 64 Canns Road, Bedforddale 💰 Adult \$40

Call 0418 229 662 or visit www.restfulwaters.org for more information.



Sound Silence Stillness 1 Day Yoga Retreat

Saturday 24 August, 26 October (3 - 9pm)

Sunday 15 September, Sunday 24 November (10am - 4pm)

Experience the quiet, transformational practices of yoga and meditation in a sanctuary of nature and peace. Our Sound Silence Stillness Retreats are held most months - either a Saturday evening retreat or Sunday one day retreat. The program is deeply peaceful and healing. Includes live Sound Journey; Silent Meditation in Nature; powerful and vitalising yoga, pranayama and meditation practices; nourishing vegan afternoon tea and dinner made with love. The evening retreat also includes a traditional vedic fire ceremony.

🕒 Various 📍 Kookaburra Yoga, 210 Carradine Road, Bedforddale

💰 Adult \$110, 2 People \$210.

Call 9399 1000 or visit www.kookaburrayoga.com for more information.

Sports, Trails, Walks & Workshops



Roll, Release and Relax

Saturday 10 August and 12 October

Unwind your body and mind by taking some time out to nourish your body with this two hour mini retreat, releasing tightness held in the muscles and connective tissue. This practice will calm the nervous system and de-stress the body, improve flexibility and circulation for better range of motion. Roll, Release and Relax is a self guided massage where you can control the intensity and really get into those tough and painful points to experience deep relief. We can mindfully use our breath and awareness to allow our minds to ease into a meditative state with the gentle rolling motions.

🕒 3 - 5pm 📍 Restful Waters, 64 Canns Road, Bedfordale 💰 Adult \$40.

Call 0418 229 662 or visit www.restfulwaters.org for more information.



Mindfulness in the Workplace: 2 hour Masterclass

Friday 2 August (11am - 1pm), Saturday 5 October (3 - 5pm)

Mindfulness switches us on to not only be able to see more accurately, helping us to make better decisions, it improves our ability to stay calm under pressure and reduces stress. When you are mindful, you can choose where you place your attention, revealing options that allow you to engage more effectively with people and projects at work. In this two hour Mindfulness Master class we will uncover the methods to feel clear, focussed and relaxed while developing skills to become a more effective communicator, team player and leader. Discover how to implement mindful practices into your daily life.

🕒 Various 📍 Restful Waters, 64 Canns Road, Bedfordale 💰 Adult \$40.

Call 0418 229 662 or visit www.restfulwaters.org for more information.

Sports, Trails, Walks & Workshops



Retro Fit Workshop

Sunday 13 October

Revive, add detail and glamorise an existing garment using recycled materials. The workshop will inspire your design awareness and learn various techniques in de-constructing, applique and hand stitching. Bookings essential.

🕒 10am – 2pm 📍 ARC Artist Retail Collective Armadale, Jull Street Mall 💰 \$110

Call 0411 548 964 to book and for more information.



Sonic Immersion: Sound Bath

Sunday 4 August, 1 September, 6 and 27 October

Experience sound bath and feel rejuvenated to the core with the transcendental tones of the crystal bowls, gongs, didgeridoo, drums, and chimes that harmonise in sweeping waves and gentle rhythms. The power of sound helps you to profoundly reduce stress and tension relaxing frayed nerves by soothing and balancing the nervous system. The frequencies of sound assist your mind to settle in a restful space which brings forth feelings of relaxation and mental expansion. As the movement in your mind slows down and quietsens there is room for greater clarity and calmness. The perfect way to de-stress, rest, and reset.

🕒 2 - 4pm 📍 Restful Waters, 64 Canns Road, Bedfordale 💰 Adult \$40.

Call 0418 229 662 or visit www.restfulwaters.org for more information.

Armadale Hills Open Studio Arts Trail



Photo Credit Matt Devlin



Open 10am - 4pm Fridays to Sundays 6 - 8, 13 - 15, 20 - 22 September 2019

Welcome to a fascinating world of creative discovery

Our artists are opening their studios to the public for an intimate view of their inspiring spaces and creative processes. On the arts trail you'll discover an extraordinary range of art practices and art people nestled amongst the stunning natural beauty of the Armadale Hills environment.

For maps of the 2019 Armadale Hills Open Studio Arts Trail go to www.armadalehillsartstrail.com or visit the Perth Hills Armadale Visitor Centre, 40 Jull St, Armadale.

CITY OF  **Armadale**

  [armadalehillsartstrail](https://www.facebook.com/armadalehillsartstrail)